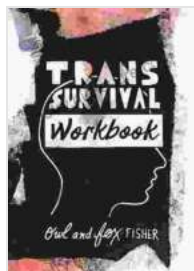


The Trans Survival Workbook: A Guide to Living and Thriving as a Transgender Person



Trans Survival Workbook by Fox Fisher

★★★★☆ 4.9 out of 5

Language : English

File size : 42036 KB

Screen Reader : Supported

Print length : 144 pages

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The Trans Survival Workbook is a comprehensive guide to living and thriving as a transgender person. Written by Fox Fisher, a transgender activist and educator, the workbook provides practical advice and resources on everything from coming out to dealing with discrimination.

The workbook is divided into four parts:

1. **Part 1: Understanding Your Gender Identity**
2. **Part 2: Coming Out**
3. **Part 3: Transitioning**
4. **Part 4: Living Your Life**

Part 1 of the workbook helps you to understand your gender identity. It discusses the different ways that people experience gender, and helps you to identify your own unique gender identity.

Part 2 of the workbook provides guidance on coming out to your family, friends, and colleagues. It offers tips on how to prepare for coming out, and how to deal with the challenges that you may face.

Part 3 of the workbook discusses the different options for transitioning. It provides information on medical transition, social transition, and legal transition. It also offers advice on how to make informed decisions about your transition.

Part 4 of the workbook helps you to live your life as a transgender person. It provides advice on how to deal with discrimination, how to find support, and how to build a positive self-image.

The Trans Survival Workbook is an essential resource for transgender people. It provides practical advice and resources on everything that you need to know to live and thrive as a transgender person.

About the Author

Fox Fisher is a transgender activist and educator. He is the author of the Trans Survival Workbook, and he has written extensively about transgender issues. Fisher is a frequent speaker at conferences and workshops on transgender topics. He is also a member of the board of directors of the National Center for Transgender Equality.

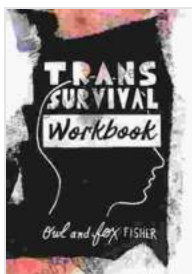
Reviews

The Trans Survival Workbook has received rave reviews from transgender people and allies alike.

"This book is a lifesaver for transgender people," said one reviewer. "It provides practical advice and resources on everything that we need to know to live and thrive as transgender people."

"This book is an essential resource for anyone who works with transgender people," said another reviewer. "It provides a wealth of information on transgender issues, and it is written in a clear and accessible way."

The Trans Survival Workbook is a must-read for anyone who wants to understand transgender issues. It is an invaluable resource for transgender people, their families, friends, and allies.



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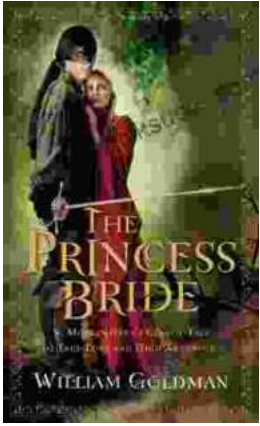
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