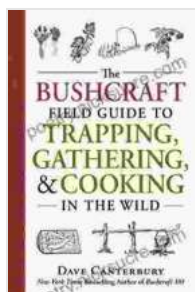


The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild: A Comprehensive Guide to Wilderness Survival



The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild by Dave Canterbury

★★★★☆ 4.7 out of 5

Language	: English
File size	: 11716 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 320 pages



The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild is a comprehensive guide to wilderness survival. It covers everything from how to trap animals and gather plants to how to cook them in the wild. This guide is essential for anyone who wants to learn how to survive in the wilderness.

Trapping

Trapping is an essential skill for wilderness survival. It can provide you with food, fur, and other materials. The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild covers a variety of trapping methods, including:

- Snares
- Deadfalls
- Cage traps
- Pit traps

The guide also provides detailed instructions on how to set and bait each type of trap.

Gathering

Gathering is another essential skill for wilderness survival. It can provide you with food, medicine, and other materials. The Bushcraft Field Guide to Trapping, Gathering, and Cooking in the Wild covers a variety of gathering techniques, including:

- Identifying edible plants
- Foraging for mushrooms
- Collecting berries
- Digging for roots

The guide also provides detailed information on the nutritional value of different plants.

Cooking

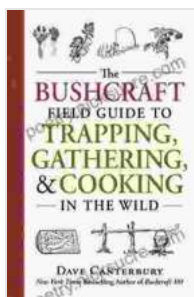
Cooking is an essential skill for wilderness survival. It can help you to make your food more palatable and nutritious. The Bushcraft Field Guide to

Trapping, Gathering, and Cooking in the Wild covers a variety of cooking methods, including:

- Open fire cooking
- Campfire cooking
- Stove cooking
- Solar cooking

The guide also provides detailed recipes for a variety of dishes.

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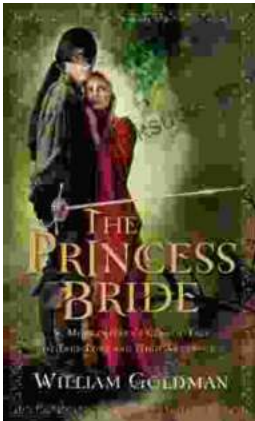
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