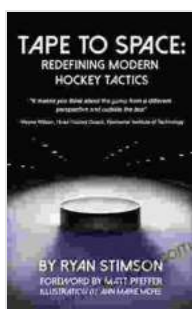


Tape to Space: Redefining Modern Hockey Tactics

Tape to Space is a revolutionary hockey training system that is redefining the way the game is played. It is based on the principles of space, time, and rhythm, and it teaches players how to create and exploit space on the ice.



Tape to Space: Redefining Modern Hockey Tactics

by Steve Schwartz

★★★★☆ 4.4 out of 5

Language : English
File size : 30360 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 302 pages
Lending : Enabled



Tape to Space was developed by a group of hockey coaches and players who were frustrated with the traditional methods of hockey training. They felt that these methods were too focused on individual skills and not enough on team play. They also felt that these methods did not teach players how to think the game.

Tape to Space is different from traditional hockey training in several ways. First, it emphasizes space over individual skills. Tape to Space teaches

players how to create space for themselves and their teammates, and how to use that space to create scoring chances.

Second, Tape to Space emphasizes time over speed. Tape to Space teaches players how to control the tempo of the game and how to use time to their advantage. This allows them to make better decisions and create more scoring chances.

Third, Tape to Space emphasizes rhythm over power. Tape to Space teaches players how to move the puck and their bodies in a rhythmic way. This allows them to be more efficient and effective on the ice.

Tape to Space has been used by some of the best players in the world, including Sidney Crosby, Alex Ovechkin, and Connor McDavid. These players have all credited Tape to Space with helping them improve their game and become more successful.

If you are looking to improve your hockey skills and become a more effective player, then Tape to Space is the training system for you. Tape to Space is a revolutionary system that is redefining the way the game is played. It can help you take your game to the next level.

The Principles of Tape to Space

The principles of Tape to Space are space, time, and rhythm. These principles are interrelated and work together to create a more effective hockey player.

- **Space:** Space is the most important principle in Tape to Space. It is the key to creating scoring chances and winning games. Tape to

Space teaches players how to create space for themselves and their teammates, and how to use that space to create scoring chances.

- **Time:** Time is the second most important principle in Tape to Space. It is the key to controlling the tempo of the game and making better decisions. Tape to Space teaches players how to control the tempo of the game and how to use time to their advantage.
- **Rhythm:** Rhythm is the third most important principle in Tape to Space. It is the key to moving the puck and your body in an efficient and effective way. Tape to Space teaches players how to move the puck and their bodies in a rhythmic way.

The Benefits of Tape to Space

There are many benefits to using Tape to Space, including:

- Improved puck control
- Increased speed and agility
- Better decision-making
- More scoring chances
- Wins

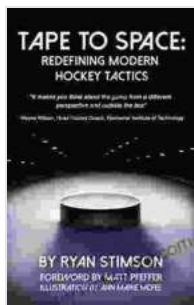
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How to Get Started with Tape to Space

There are several ways to get started with Tape to Space. You can purchase the Tape to Space DVD, or you can attend a Tape to Space clinic. You can also find Tape to Space resources online.

Once you have started using Tape to Space, you will need to be patient. It takes time to learn the principles of Tape to Space and to apply them to your game. However, if you are willing to put in the time, you will be rewarded with improved hockey skills and a more successful team.

Tape to Space is a revolutionary hockey training system that is redefining the way the game is played. It is based on the principles of space, time, and rhythm, and it teaches players how to create and exploit space on the ice. Tape to Space has been used by some of the best players in the world, including Sidney Crosby, Alex Ovechkin, and Connor McDavid. If you are looking to improve your hockey skills and become a more effective player, then Tape to Space is the training system for you. Tape to Space is a revolutionary system that can help you take your game to the next level.



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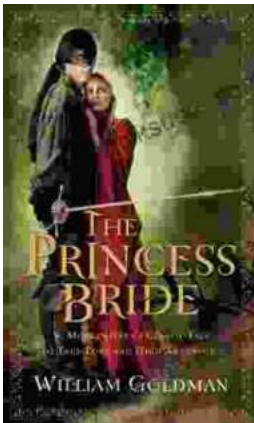
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