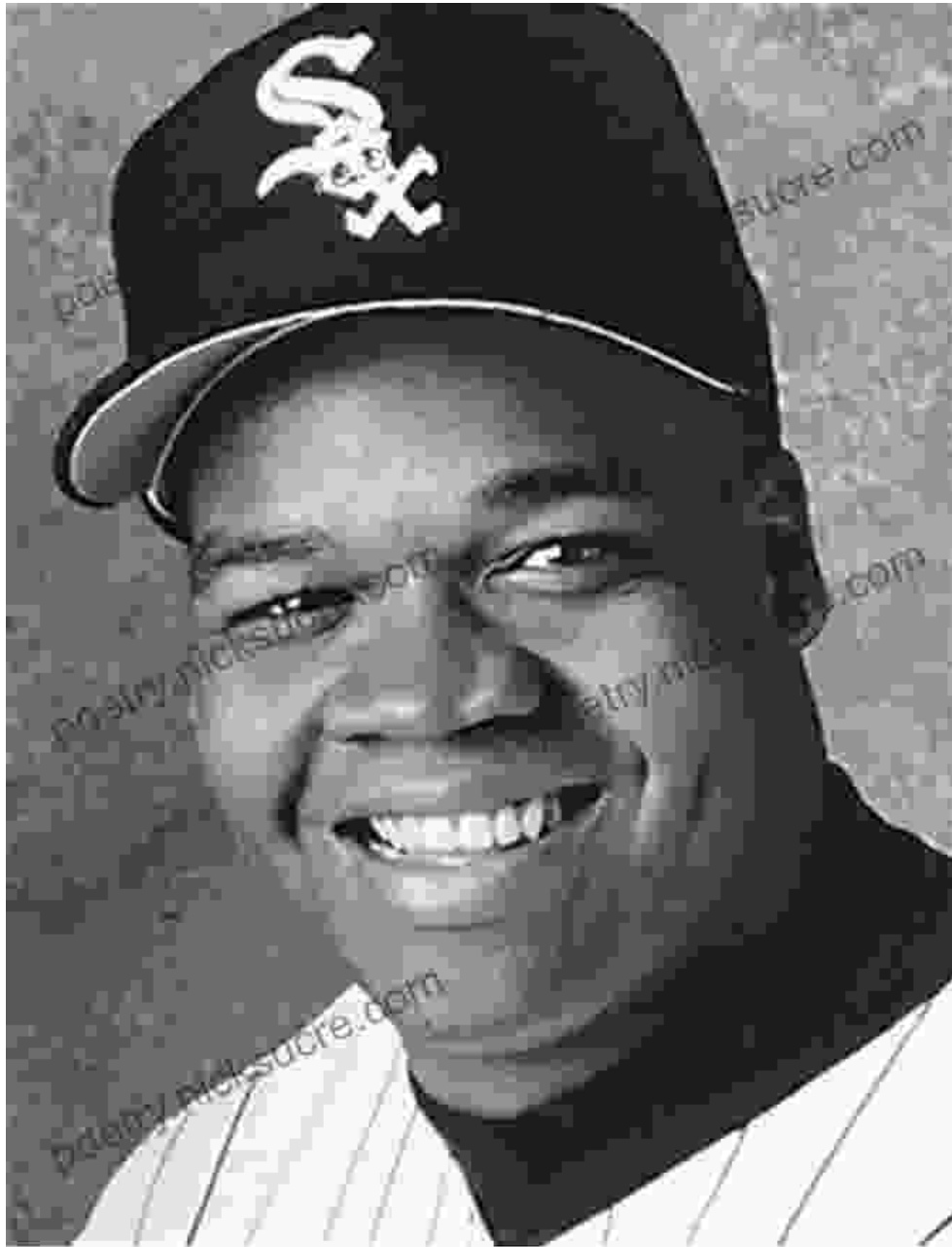


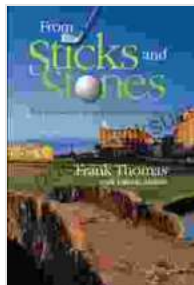
From Sticks and Stones: The Extraordinary Journey of Frank Thomas, the Baseball Great

Early Life and to Baseball



Frank Thomas was born on May 27, 1968, in Columbus, Georgia. From a tender age, he developed an unyielding love for baseball, spending

countless hours honing his skills with sticks and stones. His talent and determination were evident from his early days playing Little League, where he showcased his exceptional hitting prowess.



From Sticks and Stones by Frank Thomas

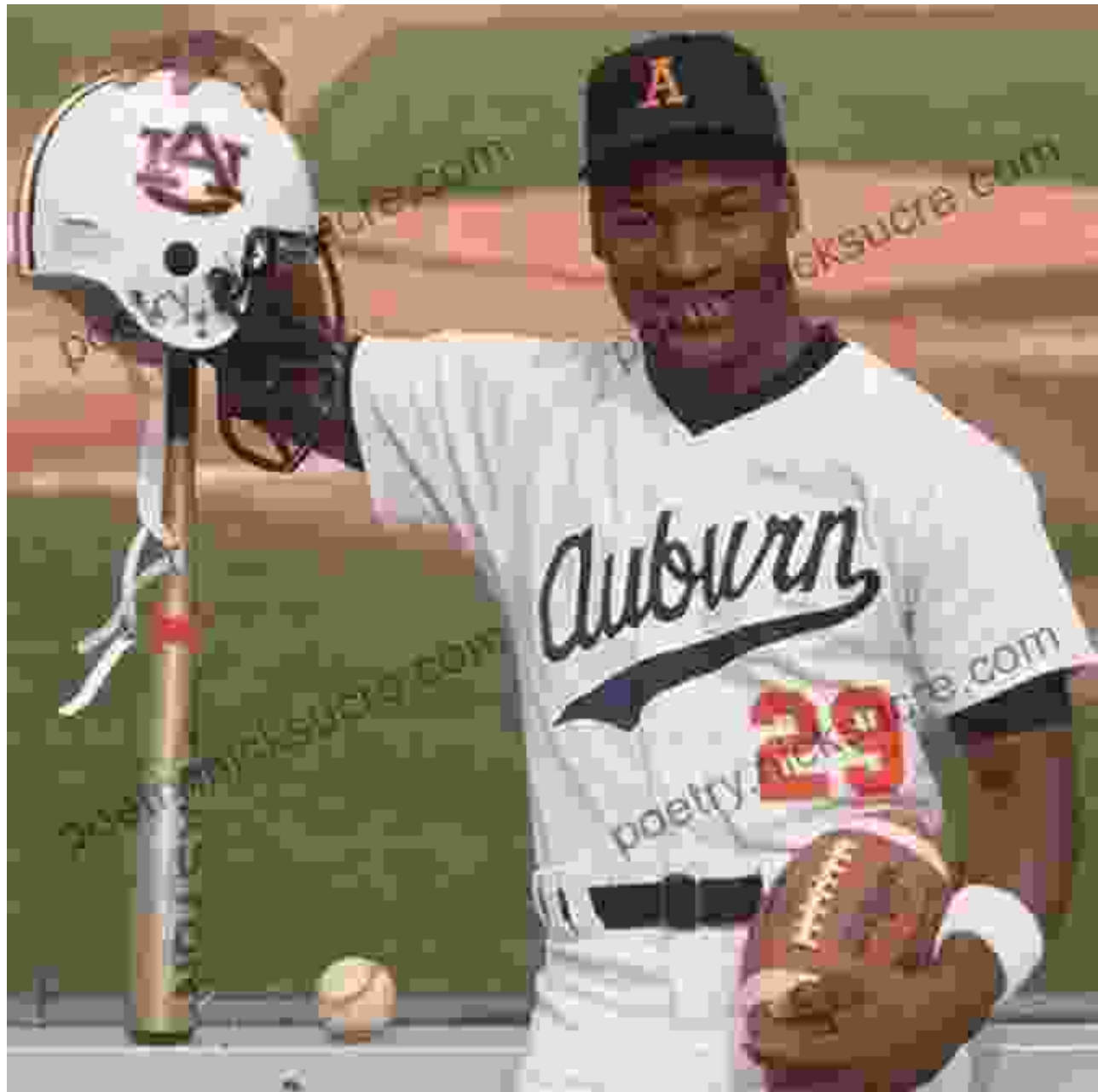
★ ★ ★ ★ ☆ 4 out of 5

- Language : English
- File size : 1790 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled
- Print length : 228 pages
- Lending : Enabled



Growing up, Thomas idolized legendary sluggers such as Hank Aaron and Reggie Jackson, aspiring to emulate their greatness. His hard work and dedication paid off when he earned a scholarship to play baseball at Auburn University in Alabama.

College Career and Draft into the Majors

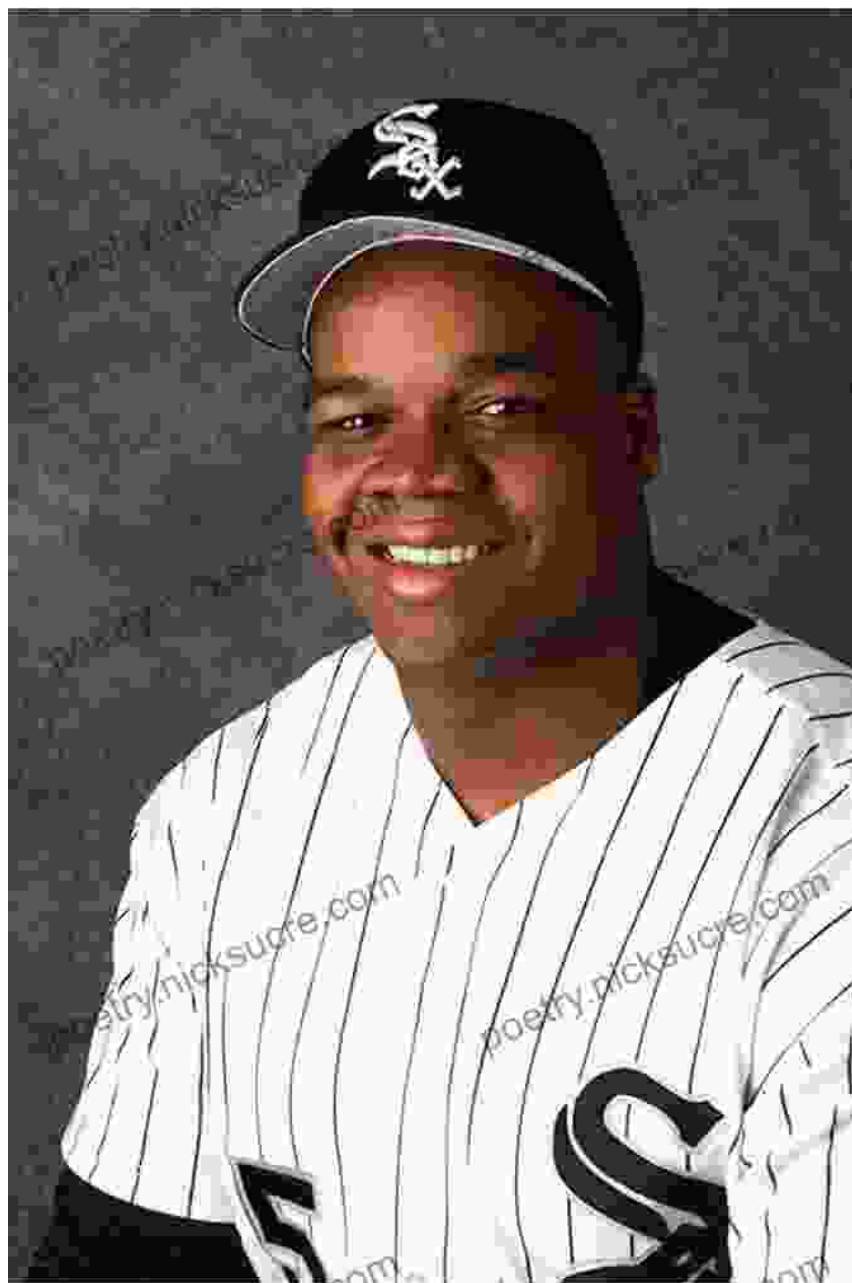


Frank Thomas excelled as a power hitter during his college years at Auburn University.

During his three-year collegiate career, Thomas established himself as one of the most formidable hitters in the country. He led the NCAA in home runs and RBIs in 1988, earning the prestigious Golden Spikes Award as the nation's top amateur baseball player.

His remarkable achievements at Auburn propelled him to the top of the draft boards, and in 1989, he was drafted seventh overall by the Chicago White Sox.

A Historic Debut and Rise to Stardom



Thomas made his Major League debut on August 2, 1990, a day that would forever be etched in White Sox history. In his first at-bat, he launched a

towering home run, showcasing the immense power that would become his signature.

Over the next several seasons, Thomas cemented his status as one of the most feared hitters in baseball. He consistently ranked among the league leaders in home runs, RBIs, and batting average, earning multiple Silver Slugger Awards and All-Star selections.

Key Moments and Accolades

- In 1993, Thomas led the American League with 128 RBIs, establishing himself as one of the most prolific run producers in the game.
- The following year, he captured the AL batting title with a remarkable .353 average, showcasing his exceptional ability to hit for contact.
- In 1997, Thomas made MLB history by winning the batting title, the Silver Slugger Award, and the AL MVP award in the same season.
- He retired in 2008 with 521 career home runs, ranking 18th all-time in MLB history.

Leadership and Legacy

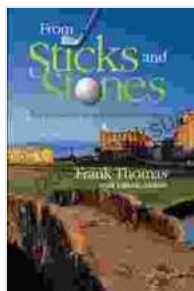


Frank Thomas was a respected leader and mentor for the Chicago White Sox.

Beyond his impressive statistics, Thomas was also known for his leadership and positive influence on the team. He served as the White Sox team captain for many seasons, guiding younger players and providing mentorship.

After retiring from playing, Thomas remained involved in baseball as a broadcaster and special advisor to the White Sox. He was inducted into the Baseball Hall of Fame in 2014, the highest honor for any baseball player.

Frank Thomas, the man known as "The Big Hurt," was a true baseball icon. From his humble beginnings playing with sticks and stones to his legendary career in the Major Leagues, his journey is an inspiration to all who aspire to greatness. His exceptional power hitting, leadership qualities, and unwavering determination have left an indelible mark on the game of baseball, solidifying his status as one of the greatest to ever play.



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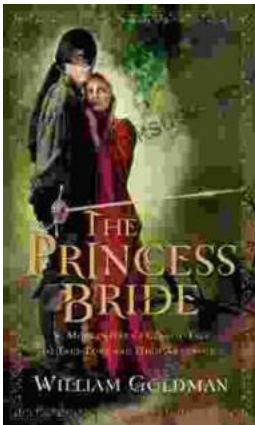
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